




Indiana vs Purdue

NCAA women's basketball

NCAA women's basketball · Sun, Feb 5 Final




2 Indiana Hoosiers
(23 - 1)

69

-


46



Purdue Boilermakers
(15 - 8)

Team	1	2	3	4	T
Indiana Hoosiers	14	17	19	19	69
Purdue Boilermakers	10	16	2	18	46

▶ [Game recap](#)

 5:14



Discipleship Fitness Plan

Stretch - Move beyond Comfort Zone

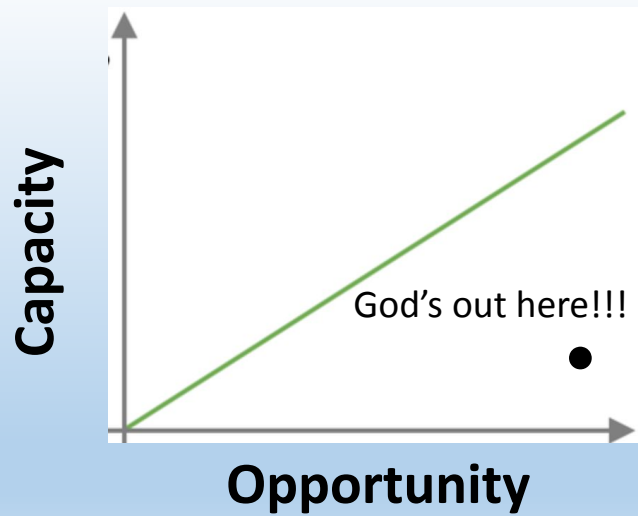
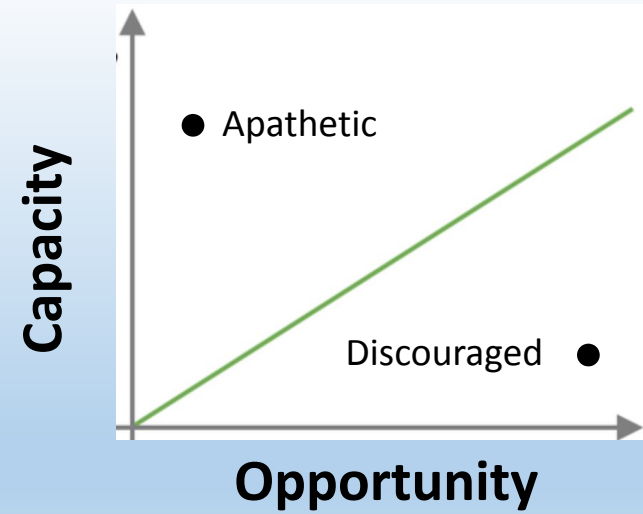
Strength - Walk and Talk

Stamina - Count Reps/Blessings



Opportunities for Good

Galatians 6:6 Let the one who is taught the word **share all good things with the one who teaches.** 7 Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. 8 For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. 9 And **let us not grow weary of doing good**, for in due season we will reap, if we do not give up. 10 So then, **as we have opportunity**, let us **do good to everyone**, and especially to those who are of the household of faith.



What Practices Distinguish Resilient Disciples?

-  Experiencing Jesus
-  Cultural Discernment
-  Meaningful Relationships
-  Vocational Discipleship
-  Countercultural Mission

Silence the Noise

- Pray
- Literally retreat
- Filter distractions
- Spare 2 minutes



Laugh (Ecclesiastes 8:15)



“When the Father laughs at the Son and the Son laughs back at the Father, that laughter gives pleasure, that pleasure gives joy, that joy gives love, and that love is the Holy Spirit.”
- Meister Eckhart



Vocational Discipleship

- The Lutheran Wheelhouse -

All work in service of God and neighbor!
Priesthood of all believers!
(A theology of meaning and purpose)

Using gifts - 1 Corinthians 12 (Spiritual gifts)
Everything matters - Colossians 3 (*Whatever* you do)



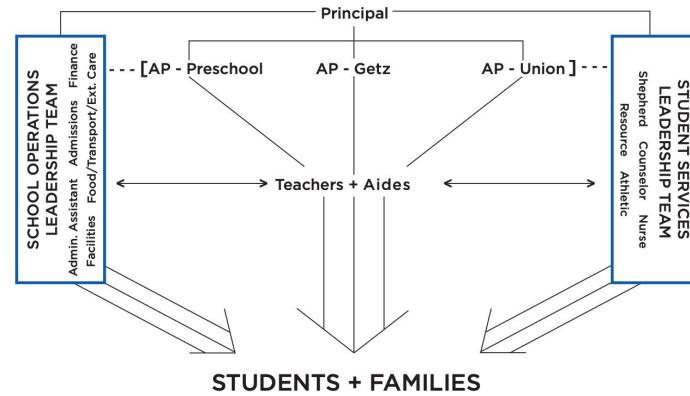
Increase Capacity ...

- Good systems
- Growth mindset
- Expand & demand experiences
- Input & feedback
- Take risks in new territory



... then POUR!

- Host Vocation Bible School
- Love Emma
- Support Christian Education
- Get a Mentor, Be a Mentor



Christ-Centered
Mission-Driven
Student-Focused

Psalm 23

