



Psalms of

Psalms 120-134

Psalms of Ascent

- Pilgrim Songs
- Journey Songs

- OT reference to certain “feasts” when the Israelites were to go to Jerusalem (Deuteronomy 16:16, Exodus 23:14-17)

- Purpose of the Ascent Psalms:

- Jesus would have traveled to Jerusalem for these annual festivals
 - Luke 2:41-42

- For us, the Christian life is a journey, a pilgrimage of “discipleship”
 - Paul Tournier in *A Place for You*: “It is like being in between the time we leave home and arrive at our destination; between the time we leave adolescence and arrive at adulthood; between the time we leave doubt and arrive at faith. It is like the time when a trapeze artist lets go of the bar and hangs in midair, ready to catch another support; it is a time of danger, of expectation, of uncertainty, of excitement, of extraordinary aliveness.”

 - “William Faulkner, “They are not monuments, but footprints. A monument only says, ‘At least I got this far,’ while a footprint says, ‘This is where I was when I moved again.’”

- God’s temple/the holy city of Jerusalem represented the center of worship. In the Ascent Psalms, they tend to:
 - _____ God’s work in the past
 - _____ their commitment to follow Jesus
 - _____ to His work in their life

“Weary Traveler” – <https://www.youtube.com/watch?v=Z36k-BXlags>

Psalm 120

Psalm 121

Psalm 122

Psalm 123

Psalm 124

Psalm 125

Psalm 126

Psalm 127

Psalm 128

Psalm 129

Psalm 130

Psalm 131

Psalm 132

Psalm 133

Psalm 134